



2020 SAFETY GUIDELINES

**** IMPORTANT ****

Any Athlete not participating within the COVID-19 safety guideline or RACE safety rules, will be removed from the course and no refund will be provided.

By participating in the 2020 Stone Bridge Run, you agree to follow the rules set forth by Stateline Family YMCA (and it's Race committee), the Village of Roscoe, the Illinois Depart of Public Health, and the Center for Disease Control.

These rules may be amended at any time and will be POSTED during the duration of the event.

Your cooperation with these rules will allow us to execute a fun and safe racing experience for all participants.

Any questions can be directed to:

Ann Matuska

815-623-5858

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Thank You for Participating – Have a Fun & Safe Race

COVID-19 SPECIFIC SAFETY

THE FOLLOWING ARE CONSIDERED MANDATORY. ANY RACE PARTICIPANT NOT IN COMPLIANCE WITH THESE RULES WILL NOT BE PERMITTED TO RACE AND WILL BE ASKED TO LEAVE THE EVENT AREAS.

1. ALL PARTICIPANTS WILL BE REQUIRED TO WEAR A MASK OR FACE COVERING AT ALL TIMES PRIOR TO AND AFTER THE EVENT – WHILE IN THE RACE/EVENT AREA. **THERE WILL BE NO EXCEPTIONS TO THIS RULE.**
2. ALL VOLUNTEERS WILL BE REQUIRED TO WEAR A MASK OR FACE COVERING WHILE ON THE RACE COURSE/EVENT AREA.
3. ONLY RACE PARTICIPANTS AND EVENT VOLUNTEERS WILL BE ALLOWED AT START/FINISH AREA.
4. TEMPERATURE CHECKS WILL BE PERFORMED AT CHECK-IN AND ARE MANDATORY. ANY RACE PARTICIPANT THAT REFUSES TEMPERATURE CHECK WILL NOT BE ALLOWED TO RACE.
5. ANY RACE PARTICIPANT THAT RECORDS A TEMPERATURE OF 100.4 DEGREES (F), WILL BE DIRECTED TO SEEK MEDICAL ADVICE/CARE AND WILL NOT BE ALLOWED TO RACE.
6. RACE PACKETS WILL INCLUDE A COVID-19 WAIVER (FILLED OUT PRIOR TO RECEIVING RACE PACKET) & HEALTH QUESTIONNAIRE (FILLED OUT AND RETURNED ON RACE DAY).
7. SOCIAL DISTANCING WILL BE ENFORCED INSIDE ALL EVENT AREAS AND COURSE.
8. **WAVE START** - PARTICIPANTS WILL BE PROVIDED A WAVE# AND START-TIME SLOT. IT WILL BE PRINTED ON RACE BIB.
9. **WAVE START** - PARTICIPANTS WILL BE REQUIRED TO REPORT TO YOUR WAVE LOCATION AT THE START LINE PRIOR TO YOUR STARTING TIME SLOT.
10. **WAVE START** - IF YOU MISS YOUR START TIME, YOU WILL BE PLACED IN THE LAST WAVE.
11. **WAVE START** - SOCIAL DISTANCING, INCLUDING WEARING OF MASK OR FACE COVERING, WILL BE REQUIRED IN WAVE START AREA. YOU MAY REMOVE YOUR MASK PRIOR TO START.
12. WHILE RACING ON THE COURSE, EACH PARTICIPANT WILL PRACTICE SOCIAL DISTANCING WHERE POSSIBLE. STOPPING IF NEEDED TO THE RIGHT SIDE OF THE COURSE TO ALLOW FELLOW PARTICIPANTS SAFE CLEARANCE TO PASS ON LEFT.
13. **RESULTS** - THERE WILL BE NO ON-SITE, POST RACE, AWARDS CEREMONY.
14. **RESULTS** - ALL RESULTS WILL BE POSTED AS SOON AS POSSIBLE TO RUNSIGNUP.COM WEBSITE RESULT TAB AS WELL AS THE STATELINE FAMILY YMCA WEBSITE. OVERALL & AGE GROUP AWARDS WILL BE AVAILABLE FOR PICKUP.

COVID-19 SPECIFIC SAFETY – CONTINUED

THE FOLLOWING ARE CONSIDERED MANDATORY. ANY RACE PARTICIPANT NOT IN COMPLIANCE WITH THESE RULES WILL NOT BE PERMITTED TO RACE AND WILL BE ASKED TO LEAVE THE EVENT AREAS.

15. **RESULTS** - FINISHER MEDALS WILL BE AVAILABLE AT THE FINISH LINE – A VOLUNTEER WITH MASK AND GLOVES WILL HAND OUT THE MEDALS. PARTICIPANTS ARE NOT ALLOWED TO TOUCH THE STACK OF MEDALS.
16. HAND SANITIZER WILL BE AVAILABLE FOR ALL PARTICIPANTS.
17. BOTTLED WATER WILL BE PROVIDED AT THE FINISH LINE. SMALL BOTTLES OF WATER WILL BE AVAILABLE ON THE RACE COURSE AT WATER STOPS. PARTICIPANTS ARE RESPONSIBLE FOR PROVIDING THEIR OWN SPECIFIC NUTRITION AND SPORTS PERFORMANCE DRINKS.
18. ALL PARTICIPANTS ARE REQUIRED TO COMPLY WITH ALL SAFETY RULES AND INSTRUCTIONS AND COOPERATE WITH RACE MARSHALLS AT ALL TIMES. THERE WILL BE NO EXCEPTIONS.

EVENT & RACE SAFETY

RACE SPECIFIC RULES

THE FOLLOWING ARE CONSIDERED MANDATORY. ANY RACE PARTICIPANT NOT IN COMPLIANCE WITH THESE RULES WILL NOT BE PERMITTED TO RACE AND WILL BE ASKED TO LEAVE THE EVENT AREAS. NONE OF THE RULES BELOW ARE MEANT TO REPLACE THE COVID-19 SAFETY RULES – THEY ARE MEANT TO APPLY MUTUALLY TO EACH OTHER.

1. THE EVENT WILL START PROMPTLY AT **8:00AM WITH FIRST START WAVE FOR THE ½ MARATHON AND 8:15AM FOR THE 5K.**
2. PRIOR TO RACE DAY, RACE MARSHALLS WILL DETERMINE ANY APPLICABLE WAVE SEEDING. SEEDING IS NOT GUARANTEED.
3. PARTICIPANTS WILL BE PROVIDED A WAVE# AND START-TIME SLOT. IT WILL BE PRINTED ON RACE BIB AND PROVIDED AT PACKET PICKUP.
4. PARTICIPANTS WILL BE REQUIRED TO REPORT TO YOUR WAVE LOCATION AT THE START LINE PRIOR TO YOUR STARTING TIME SLOT. YOUR WAVE# AND START TIME ARE NON-NEGOTIABLE.
5. IF YOU MISS YOUR START TIME, YOU WILL BE PLACED IN THE LAST WAVE.
6. **YOU MUST WEAR YOUR BIB/CHIP AT ALL TIMES DURING THE EVENT. LOST BIB/CHIP MEANS NO TIME RECORDED & NO AWARD.**

RACE SPECIFIC RULES - CONTINUED

THE FOLLOWING ARE CONSIDERED MANDATORY. ANY RACE PARTICIPANT NOT IN COMPLIANCE WITH THESE RULES WILL NOT BE PERMITTED TO RACE AND WILL BE ASKED TO LEAVE THE EVENT AREAS. NONE OF THE RULES BELOW ARE MEANT TO REPLACE THE COVID-19 SAFETY RULES – THEY ARE MEANT TO APPLY MUTUALLY TO EACH OTHER.

7. RACE OFFICIALS WILL PROVIDE WATER – IN BOTTLES – AT THE FINISH LINE AND SMALL BOTTLES OF WATER AT WATER STOPS.
8. PARTICIPANTS MAY BRING THEIR OWN NUTRITION/SPORTS PERFORMANCE DRINKS. ANY WRAPPINGS OR BOTTLE MUST BE DISPOSED OF IN EVENT TRASH RECEPTICALS.
9. RECREATION PATH WILL BE OPEN TO PEDESTRIAN AND VEHICLE TRAFFIC THROUGHOUT THE EVENT. IT IS NOT A CLOSED COURSE.
10. RUN ON THE RIGHT SIDE OF THE COURSE ALLOWING FASTER PARTICIPANTS TO PASS SAFELY ON THE LEFT SIDE.
11. WHEN PASSING ON THE LEFT, GIVE AMPLE PASSING DISTANCE. ANNOUNCE "PASSING ON LEFT" IF POSSIBLE.
12. PARTICIPANTS STILL ON THE COURSE, ATTEMPTING TO FINISH THE EVENT WHEN EVENT ENDS – ARE STILL REQUIRED TO COMPLY WITH THE EVENT RULES AND COVID-19 SAFETY.
13. PARTICIPANTS WILL BE RESPONSIBLE FOR FOLLOWING PROPER RULES-OF-THE-ROAD.
14. RACE & SAFETY OFFICIALS MAY REMOVE ANY PARTICIPANT FROM THE COURSE AT ANY TIME.

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